

2026 Girls Independent Schedule

<u>Day</u>	<u>Date</u>	<u>Site</u>	<u>Time</u>
Thursday	Sept. 10	TBA	4:30
Tuesday	Sept. 15	Half Hollow Hills West HS	4:30
Tuesday	Sept. 22	Sayville MS	4:30
Thursday	Sept. 24	Ward Melville HS	4:30
Tuesday	Sept. 29	Connetquot HS	4:30
Thursday	Oct. 1	Brentwood HS	4:30
Monday	Oct. 5	TBA(Sachem East)	4:30
Wednesday	Oct. 14	Deer Park HS	4:30
Tuesday	Oct. 20	Hauppauge	4:30
Wednesday	Oct. 21	Central Islip	4:30

**Independent swimmers need to have competed in a total of 6 competitions in order to be eligible to swim in the county championship and NYSPHSAA Championship.

Host schools - Please make sure that the pool is set up for these competitions.

Lifeguards - If available please have them available for these dates.