

EH v Northport - 9/25/2025**Results****Event 1 Girls 200 Yard Medley Relay**

	Team	Relay	Seed Time	Finals Time
1	1-1 Northport-Commack	A	NT	2:06.34
	1) Lopez, Caitlin E 17	2) Cox, Eva F 12	3) Schmidt, Devon 13	4) Como, Juliet S 16
	30.92 35.90 29.75	29.77		
2	1-2 Northport-Commack	B	NT	2:22.21
	1) Neglia, Gianna R 16	2) Bley, Ornella E 17	3) Giehl, Avalina A 14	4) Sloan, Kate 13
	38.13 39.66 35.15	29.27		
3	1-3 East Hampton	C	NT	2:35.68
	1) Gutierrez, Quetzalli 14	2) Kapon, Emma 15	3) Atiencia, Kimi 16	4) Flores, Hallie 16
	48.93 36.82 40.06	29.87		
4	1-4 Northport-Commack	C	NT	2:48.56
	1) Liszka, Paulina 15	2) DeMasi, Danielle E 15	3) Kalmaer, Dahlia R 16	4) Shi, Isabelle 13
	42.02	37.54		
---	1- East Hampton	A	NT	DQ
	1) Rizzo, Vanessa 15	2) Daniels, Lizzy 17	3) Griffin, Ginger 15	4) O'Shea, Avienne 12
	29.55 30.69 28.66	26.06		
---	1- East Hampton	B	NT	DQ
	1) Milazzo, Mia 14	2) Robertson, Olivia 15	3) Deleski, Kate 14	4) Dias, Maya 16
	33.73 37.86 35.76	29.50		

Event 2 Girls 200 Yard Freestyle

	Name	Age	School	Seed Time	Finals Time
1	1-1 Rizzo, Heidi	13	East Hampton	NT	2:08.12
	29.21 33.43 33.01	32.47			
2	1-2 Karopich, Charlotte	14	Northport-Commack	NT	2:14.22
	30.41 33.93 34.85	35.03			
3	1-3 Grande, Molly	14	East Hampton	NT	2:17.60
	31.17 34.85 35.99	35.59			
4	1-4 Mardosa, Ruby	13	Northport-Commack	NT	2:23.71
	32.63 37.38 38.67	35.03			
5	1-5 Knight, Lucy	15	East Hampton	NT	2:24.92
	30.96 36.59 39.32	38.05			
6	1-6 Dwyer, Annie	13	Northport-Commack	NT	2:29.63
	33.69 38.32 39.89	37.73			

Event 3 Girls 200 Yard IM

	Name	Age	School	Seed Time	Finals Time
1	1-1 Daniels, Lizzy	17	East Hampton	NT	2:16.74
	28.88 35.73 39.29	32.84			
2	1-2 Milazzo, Mia	14	East Hampton	NT	2:39.41
	35.25 40.32 48.14	35.70			
3	1-3 Sloan, Kate	13	Northport-Commack	NT	2:42.72
	33.48 43.98 46.42	38.84			
4	1-4 Caplin, Lily A	17	East Hampton	NT	2:45.98
	36.16 44.29 45.99	39.54			
5	1-5 Murphy, Emma	16	Northport-Commack	NT	2:53.50
	36.60 45.13 51.18	40.59			
6	1-6 Giehl, Avalina A	14	Northport-Commack	NT	2:54.89
	37.83 44.59 52.76	39.71			

Event 4 Girls 50 Yard Freestyle

	Name	Age	School	Seed Time	Finals Time
1	1-1 Rizzo, Vanessa	15	East Hampton	NT	26.21
2	1-2 Lopez, Caitlin E	17	Northport-Commack	NT	26.34
3	1-3 Powers, Sydney	14	East Hampton	NT	27.75

EH v Northport - 9/25/2025**Results****(Event 4 Girls 50 Yard Freestyle)**

	Name	Age	School	Seed Time	Finals Time
4	1-4 Schmidt, Devon	13	Northport-Commack	NT	27.77
5	1-5 Dias, Maya	16	East Hampton	NT	29.34
6	1-6 Como, Juliet S	16	Northport-Commack	NT	31.35

Event 6 Girls 100 Yard Butterfly

	Name	Age	School	Seed Time	Finals Time
1	1-1 Griffin, Ginger 30.59 35.18	15	East Hampton	NT	1:05.77
2	1-2 Schmidt, Devon 32.18 38.90	13	Northport-Commack	NT	1:11.08
3	1-3 Grande, Molly 32.57 39.56	14	East Hampton	NT	1:12.13
4	1-4 Murphy, Emma 37.79 44.21	16	Northport-Commack	NT	1:22.00
5	1-5 Cox, Eva F 37.68 46.98	12	Northport-Commack	NT	1:24.66
6	1-6 Castillo, Evann 37.42 48.66	16	East Hampton	NT	1:26.08

Event 7 Girls 100 Yard Freestyle

	Name	Age	School	Seed Time	Finals Time
1	1-1 Rizzo, Heidi 28.48 30.05	13	East Hampton	NT	58.53
2	1-2 O'Shea, Avienne 28.29 30.43	12	East Hampton	NT	58.72
3	1-3 Powers, Sydney 29.67 31.19	14	East Hampton	NT	1:00.86
4	1-4 Karopich, Charlotte 29.96 32.33	14	Northport-Commack	NT	1:02.29
5	1-5 Giehl, Avalina A 34.01 36.11	14	Northport-Commack	NT	1:10.12
6	1-6 Como, Juliet S 34.26 36.84	16	Northport-Commack	NT	1:11.10

Event 8 Girls 500 Yard Freestyle

	Name	Age	School	Seed Time	Finals Time
1	1-1 Metz, Lylah 31.64 36.26 37.28 38.61 37.23	17	East Hampton	NT	6:14.21
2	1-2 Mardosa, Sophia 34.07 38.76 40.45 38.29 36.24	15	Northport-Commack	NT	6:30.17
3	1-3 Bracero, Alyssa M 35.53 39.35 40.11 40.08 37.57	11	Northport-Commack	NT	6:34.57
4	1-4 Deleski, Kate 36.18 40.69 40.94 40.02 35.87	14	East Hampton	NT	6:38.29
5	1-5 Dwyer, Annie 36.09 40.10 42.09 39.28 36.13	13	Northport-Commack	NT	6:39.45
6	1-6 Intonato, Rae 39.01 44.43 44.35 45.26 43.28	14	East Hampton	NT	7:29.49

EH v Northport - 9/25/2025**Results****Event 9 Girls 200 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time
1 1-1 East Hampton	A	NT	1:49.41
1) Daniels, Lizzy 17 26.37 28.21 27.58	2) Grande, Molly 14 27.25	3) Griffin, Ginger 15	4) Rizzo, Heidi 13
2 1-2 East Hampton	B	NT	1:56.98
1) Powers, Sydney 14 29.30	2) Piecyk, Sabina 15 28.65	3) Milazzo, Mia 14	4) Dias, Maya 16
3 1-3 Northport-Commack	B	NT	2:08.78
1) Dwyer, Annie 13 31.95 33.12 34.37	2) Neglia, Gianna R 16 29.34	3) Murphy, Emma 16	4) Cox, Eva F 12
4 1-4 East Hampton	C	NT	2:29.85
1) Cunningham, Bryn 15 42.44 33.22 34.62	2) Hand, Sky 16 39.57	3) Cardozo, Alison 16	4) LaGarenne, Hailey 15
5 1-5 Northport-Commack	C	NT	3:01.92
1) Patel, Dhanshree S 15 27.47 29.99 30.13	2) Wills, Madison 14 35.14	3) Bley, Ornella E 17	4) Teran, Stephanie 15
--- 1- Northport-Commack	A	NT	DQ
1) Lopez, Caitlin E 17 27.47 29.99 30.13	2) Como, Juliet S 16 28.51	3) Sloan, Kate 13	4) Karopich, Charlotte 14

Event 10 Girls 100 Yard Backstroke

Name	Age	School	Seed Time	Finals Time
1 1-1 Rizzo, Vanessa 30.89 32.48	15	East Hampton	NT	1:03.37
2 1-2 Lopez, Caitlin E 31.01 33.25	17	Northport-Commack	NT	1:04.26
3 1-3 O'Shea, Avienne 32.63 35.16	12	East Hampton	NT	1:07.79
4 1-4 Knight, Lucy 34.92 39.25	15	East Hampton	NT	1:14.17
5 1-5 Liszka, Paulina 41.02 44.64	15	Northport-Commack	NT	1:25.66
6 1-6 Neglia, Gianna R 40.71 45.61	16	Northport-Commack	NT	1:26.32

Event 11 Girls 100 Yard Breaststroke

Name	Age	School	Seed Time	Finals Time
1 1-1 Daniels, Lizzy 32.97 36.00	17	East Hampton	NT	1:08.97
2 1-2 Caplin, Lily A 37.97 42.65	17	East Hampton	NT	1:20.62
3 1-3 Cox, Eva F 37.32 43.92	12	Northport-Commack	NT	1:21.24
4 1-4 Robertson, Olivia 40.26 45.30	15	East Hampton	NT	1:25.56
5 1-5 Sloan, Kate 41.70 46.76	13	Northport-Commack	NT	1:28.46
6 1-6 Bley, Ornella E 41.18 47.55	17	Northport-Commack	NT	1:28.73

Event 12 Girls 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 1-1 Northport-Commack	A	NT	4:27.98
1) Dwyer, Annie 13 34.62 1:10.50 32.94	2) Giehl, Avalina A 14 1:08.04 29.77 1:04.50	3) Schmidt, Devon 13 30.76 1:04.94	4) Karopich, Charlotte 14

EH v Northport - 9/25/2025**Results****(Event 12 Girls 400 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time
2 1-2 Northport-Commack	B	NT	4:52.45
1) Murphy, Emma 16	2) Mardosa, Ruby 13	3) Neglia, Gianna R 16	4) DeYoung, Rosemary A 17
35.21 1:14.84 31.97	1:06.67 36.54 1:18.96	33.49 1:11.98	
--- 1- East Hampton	A	NT	X4:11.30
1) Powers, Sydney 14	2) Rizzo, Heidi 13	3) O'Shea, Avienne 12	4) Rizzo, Vanessa 15
30.78 1:04.69 29.88	1:11.79 21.56 55.31	28.60 59.51	
--- 1- East Hampton	B	NT	X4:35.30
1) Piecyk, Sabina 15	2) Castillo, Evann 16	3) Knight, Lucy 15	4) Metz, Lylah 17
35.91 1:10.61 32.93	1:10.74 31.48 1:08.51	30.63 1:05.44	
--- 1- East Hampton	C	NT	X5:13.32
1) Hand, Sky 16	2) Cardozo, Alison 16	3) Flores, Hallie 16	4) Atencia, Kimi 16
39.98 1:22.71 39.81	1:25.19 31.40 1:09.48	34.31 1:15.94	
--- 1- Northport-Commack	C	NT	X5:28.74
1) Pei, Chloe 16	2) Kim, Ashley R 15	3) Swanson, Brianna 15	4) Bracero, Alyssa M 11
43.43 1:45.73 25.13	1:06.94		

Scores - Women**Women - Team Rankings - Through Event 12**

1. East Hampton

99

2. Northport-Commack

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