

2025 Girls Individual Competition Dates

9/4/25	Half Hollow Hills	4:30
9/9/25	Sachem East	4:30
9/11/25	Connetquot	4:30
9/16/25*	Hauppauge	4:30
9/26/25	Sayville	4:30
10/3/25	Brentwood	4:30
10/6/25	Central Islip	4:30
10/9/25	Deer Park	4:30
10/16/25	Ward Melville	4:30
10/23/25	Sachem North	4:30

* Indicates date change

Please make sure the pool is set up before you leave for your away meet.

- *Lane Lines in*
- *500 Counters on deck*
- *Starter left out (if available)*

Cyna Buckley - Coordinator

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